## Make a little change on your social pattern

Wave your hands instead of shaking hands while you meet acquaintances and keep at least one meter away from them.

Avoid crowds and poorly ventilated spaces like restaurants, bars, fitness centers, and movie theaters. Cover your mouth and nose with a tissue when you cough or sneeze, and then throw the tissue into the trash.



This manual is intended to introduce some simples to prevent COVID-19 from spreading in campus.

For more information, please scan the QR code on the right or enter the following URL into your browser to visit our website. <u>https://lyx-001.github.io/</u>



## Campus COVID-19 Prevention Manual

## The correct way of wearing a mask



01 Clean your hands before you put your mask on, and if time permits, you'd better wash your hands using six-step hand-washing method.



Pick up your mask by their ear loops without touching the mask itself, and then bring the loops up to your ears. You need to make sure that the loops are as tight as possible and the mask covers your nose and mouth.



03

Press the metal tab above the mask hardly to secure that there is no gap between the mask and the bridge of your nose. If you feel a metal tab on your chin, it means your mask is upside down.



04

Adjust the fit of the mask. You can pull the fold of the mask upward and downward in the meantime to ensure your chin is covered.





six-step hand-washing method

## How to avoid being infected in the dormitory



Keep the toilet in the dormitory clean. It is worth reminding that the floor drain in the bathroom should also be cleaned frequently, for it is easy to be ignored.

Open the windows two or three times a day when the weather is fine for ventilation. It is recommended that the ventilation last for 30 minutes per time.





Wash your hands with soap and running water right after you come back to the dormitory, and disinfect the items that have been touched while going out, such as mobile phones and keys.

Sterilize and clean the surfaces of items in your dormitory(e.g. desktop and ground) regularly.





Dry clothes and bedding regularly, for sunlight is natural and effective disinfectant.